



**GOVERNMENT DEGREE COLLEGE,  
CHEBROLE**

**Guntur District, Andhra Pradesh, Pin 522212**

**Affiliated to Acharya Nagarjuna University**

**Email: [jkc.chebrole@gmail.com](mailto:jkc.chebrole@gmail.com)**

**Phone No. 08644-254221**

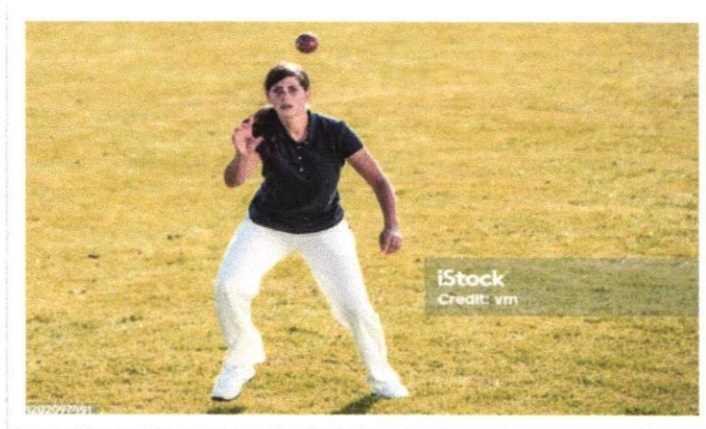


**INDEPENDENCE DAY CELEBRATIONS  
BY  
PHYSICAL EDUCATION DEPARTMENT**

**CRICKET BALL THROW  
COMPETITIONS FOR GIRLS STUDENTS**

**ON  
11-08-2018**

**ACADEMIC YEAR  
2018-19**



**GOVERNMENT DEGREE COLLEGE,  
CHEBROLE, GUNTUR DISTRICT.**



**GOVERNMENT DEGREE COLLEGE,  
CHEBROLE**

**Guntur District, Andhra Pradesh, Pin 522212**

**Affiliated to Acharya Nagarjuna University**

Email: [jkc.chebrole@gmail.com](mailto:jkc.chebrole@gmail.com) Phone No. 08644-254221



**PHYSICAL EDUCATION DEPARTMENT**

**CIRCULAR**

Chebrole,  
Date: 10-08-2018.

This is to inform that our college is going to conduct  
**“Cricket Ball Throw Competitions for Girls students on the  
occasion of Independence Day Celebrations of our College at  
10.00 A.M on 11-08-2018”**. All the Students are informed to  
participate this programme without fail.

Bst  
BKR  
BSR  
Ag  
VVR

*P.V. Nalini*  
PRINCIPAL  
GOVT. DEGREE COLLEGE,  
CHEBROLE, Guntur Dt. (A.P.)



## **GOVERNMENT DEGREE COLLEGE, CHEBROLE**

**Guntur District, Andhra Pradesh, Pin 522212**

**Affiliated to Acharya Nagarjuna University**

Email: [jkc.chebrole@gmail.com](mailto:jkc.chebrole@gmail.com) Phone No. 08644-254221



---

**Title of the Activity: Cricket Ball Throw Competitions for Girls Students**

**Date of Conduction: 11/08/2018**

**Number of Students Involved: 6**

### **Objectives:**

Demonstrate proper throwing techniques. Demonstrate proper catching techniques. Apply motor skills and hand-eye coordination to group games.

### **Description:**

Throwing, catching and kicking balls is good for muscle development, hand-eye coordination and fitness. You can play with a ball that you already have at home, or you can make your own ball with rolled-up socks or newspaper.

A ball, a marker and a target are needed for each group. Have the children stand in a line on or by a marker approximately two meters away from the wall and in line with a target. The children take turns trying to hit the target with the ball using the underhand throw.

Since the whole body demands of throwing are directly related to the movements found in all sports, it is an essential means for athletic development. Learning to throw skillfully offers the potential to develop and improve balance, neuromuscular co-ordination, speed-strength, and power.



The Physical Education Department of Government Degree College, Chebrole has conducted a Cricket Ball Throw Competitions on the occasion of Independence Day Celebrations at our college campus. The Incharge principal Dr.P.Venkateswarlu speech; he highlighted the importance of the Cricket Ball Throw Competitions for Girls Students.

The Cricket Ball Throw Competitions of the students was concluded with heartfelt vote of thanks given by the Incharge of Physical Education Department, Sri.P.Ganesh and the whole programme was coordinated by him. All teaching & Non-teaching staff and students are participated in this programme and made it grand success.

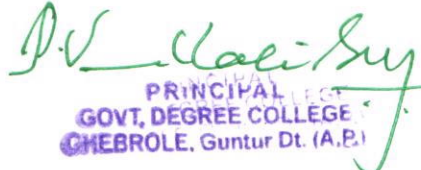
### Outcomes:

- 1) Students are motivated by the speeches of principal and lecturers about the importance of Cricket Ball Throw Competitions.
- 2) Throwing, commonly referred to as chucking, is an illegal bowling action in the sport of cricket. This occurs when a bowler straightens the bowling arm when delivering the ball.

| S.No | Date       | Name of the Programme                              | Number of Students Attended |
|------|------------|----------------------------------------------------|-----------------------------|
| 1    | 11-08-2018 | Cricket Ball Throw Competitions for Girls Students | 3                           |

  
**GANESH PALAPARTHI**  
M.A. M.P.Ed M.Phil  
Lecturer in Physical Education  
Govt DEGREE COLLEGE  
CHEBROLU

  
Co-Ordinator  
I.Q.A.C.,  
Govt. Degree College  
Chebrole, Guntur (Dt.)

  
PRINCIPAL  
GOVT. DEGREE COLLEGE  
CHEBROLE, Guntur Dt. (A.P.)



**GOVERNMENT DEGREE COLLEGE,  
CHEBROLE**

**Guntur District, Andhra Pradesh, Pin 522212**

**Affiliated to Acharya Nagarjuna University**

**Email: [jkc.chebrole@gmail.com](mailto:jkc.chebrole@gmail.com) Phone No. 08644-254221**



**CRICKET BALL THROW  
COMPETITIONS FOR GIRLS**

**List of students participated in Cricket Ball Throw Competitions**

| S.No | Name of the Student  | Class      | Place    |
|------|----------------------|------------|----------|
| 1    | KANDEPU BHUVANESWARI | I BCom     | I Place  |
| 2    | CHEBROLU POOJITHA    | I BA (HEP) | II Place |
| 3    | SHAIK RATNA KUMARI   | I BA (HEP) |          |



**GOVERNMENT DEGREE COLLEGE,  
CHEBROLE**  
**Guntur District, Andhra Pradesh, Pin 522212**  
Affiliated to Acharya Nagarjuna University  
Email: [jkc.chebrole@gmail.com](mailto:jkc.chebrole@gmail.com) Phone No. 08644-254221



## PHOTO GALLERY



*Ganesh Palaparthi*  
**GANESH PALAPARTHI**  
M.A. M.Ped M.Phil  
Lecturer in Physical Education  
Govt DEGREE COLLEGE  
CHEBROLU

*A. Sree Kumar*  
Co-Ordinator  
I.Q.A.C.,  
Govt. Degree College  
Chebrole, Guntur (Dt.)

*P.V. Venkatesh*  
PRINCIPAL  
GOVT. DEGREE COLLEGE  
CHEBROLE, Guntur Dt. (A.P.)





# Govt Degree College , Chebrole, Guntur District

Accredited With "B" Grade by NAAC  
Phone No: 08644-254221

Pin: 522212

Department: Physical Education

Date: 11/08/2018

Name of the Resource Person: G1816

Name of the Activity: Cricket

Topic:

| S. No | Name of The Student   | Year / Group | Signature of the Student |
|-------|-----------------------|--------------|--------------------------|
| 1.    | Kondepu Bhuvaneshwari | T.B. com     | K. Bhuvaneshwari         |
| 2.    | chebrole Poojitha     | I.B.A (HEP)  | C. Poojitha              |
| 3.    | shaik ratna kumari    | I.B.A. (HEP) | S. kumari                |
| 4.    |                       |              |                          |
| 5.    |                       |              |                          |
| 6.    |                       |              |                          |
| 7.    |                       |              |                          |
| 8.    |                       |              |                          |
| 9.    |                       |              |                          |
| 10.   |                       |              |                          |
| 11.   |                       |              |                          |
| 12.   |                       |              |                          |
| 13.   |                       |              |                          |
| 14.   |                       |              |                          |
| 15.   |                       |              |                          |
| 16.   |                       |              |                          |
| 17.   |                       |              |                          |
| 18.   |                       |              |                          |
| 19.   |                       |              |                          |
| 20.   |                       |              |                          |
| 21.   |                       |              |                          |
| 22.   |                       |              |                          |
| 23.   |                       |              |                          |
| 24.   |                       |              |                          |
| 25.   |                       |              |                          |
| 26.   |                       |              |                          |
| 27.   |                       |              |                          |
| 28.   |                       |              |                          |
| 29.   |                       |              |                          |
| 30.   |                       |              |                          |

Dr. P. D.  
Lecturer In.....  
Govt. Degree College  
Chebrole-522 212

V. Arjun  
PRINCIPAL  
GOVT. DEGREE COLLEGE  
CHEBROLE, Guntur Dt. (A.P.)